

CURLY BABY HAIR CARE

Routine and Recommendations for Birth to Age 2



WASHING HAIR

Use Tear-Free (Sulfate-Free) shampoo

- Cantu Care for Kids Nourishing Shampoo
- Shea Moisture Oat Milk & Rice Water Baby Shampoo
- Johnsons' Curl Defining Shampoo for Kids' Curly Hair

- Cantu Care for Kids Nourishing Conditioner



CONDITIONER

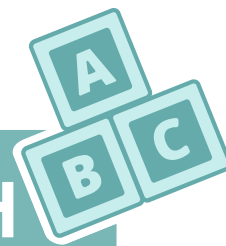
Use fingers or wide tooth comb after applying conditioner and let it sit for ~5 min then rinse.



DRYING HAIR

Lightly blot hair dry with towel

- It's a 10 Miracle Leave-In
- Cantu Shea Butter Leave-In Conditioning Cream



AFTER WASH

Apply leave in conditioner spray/cream. Can also apply light oil after



CURLY HAIR

Apply leave in conditioner cream (can be gel-cream) and can skip oil

REFERENCES

Aguh, C. M. (2019). 90 days to beautiful hair. U & C Publishing.

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