



**Burkhart**  
Pediatric &  
Adolescent  
Dermatology

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## **iPLEDGE Patient and Family Responsibilities**

(For individuals who have any biologic ability to become pregnant)

Isotretinoin is a highly effective medicine for acne and the only treatment that has the potential to cure acne. Access to isotretinoin is restricted to teams of patients, families, and medical team members who sign the iPLEDGE contract, register in the iPLEDGE system, and commit to following the steps of the iPLEDGE program for pregnancy prevention.

We look forward to collaborating with you and your family to work TOGETHER to navigate the iPLEDGE system and safely provide access to isotretinoin. Failure to promptly complete all the patient and family responsibilities each month will result in delays of care, additional appointments, and frustration. So please take your responsibilities seriously.

### **Parent and Patient responsibilities:**

**FOLLOW** the iPLEDGE rules. You will not be able to receive your prescription unless you complete ALL of your responsibilities.

**INFORM** your provider of any side-effects you experience. Most side-effects can be improved or resolved with simple measures. Other side effects are more serious and will require stopping your medicine and closer evaluation. Keeping your medical team informed will ensure better care, safety, and outcomes.

**RETURN** for visits every 30 days. This can be an in-person visit or a virtual visit. However, we are unable to prescribe isotretinoin without documentation and proof of a clinical visit with your provider.

**TEST** for pregnancy during each appointment. A negative pregnancy test must be registered in the iPLEDGE system before you will be able to pick up your medication. A verbal statement that you are not pregnant is not enough. Your provider must see and document a negative urine or blood pregnancy test.

**AVOID** pregnancy. Isotretinoin is dangerous to unborn babies. Use of this medicine while pregnant can lead to irreversible damage to an unborn baby's heart, brain, liver, eyes, and other organs. You must remain abstinent, or remain on two forms of birth control, for one month before starting isotretinoin, the entire isotretinoin course, and for one month after completing isotretinoin.

**SAVE** your username and password. You need to call 1-866-495-0654 to create a password. Only you have access to this password, we cannot obtain it for you.

**ANSWER** your questions. After each visit with us, you must log into the iPLEDGE system ([www.ipledgeprogram.com](http://www.ipledgeprogram.com)), enter your pregnancy prevention method, and answer your follow up questions.

**PROMPTLY** pick up your medicine from the pharmacy within 5 days of your appointment with your provider. If you do not fill your medicine within your 5 day window, the iPLEDGE system will lock you out for at least 19 days. Your provider and pharmacist have no ability to work around this block and you will have to make another appointment with us to re-start your isotretinoin.