



Burkhart
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Dermatology

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Tretinoin 1% Chemical Peel Aftercare

Instructions

- “Yellow” coloring of the face is normal after your chemical peel.
- Wash off **6 hours after your appointment** with a GENTLE cleanser of your choice.
- Dry face with **a paper towel!!** (Residue can stain towels, linens, and clothing).
- You CAN exercise/sweat after your chemical peel is washed off.
- For **3 days AVOID** retinoid & exfoliating products. After that, can resume normal skin care regimen.
- **MOISTURIZE** several times a day with Neutrogena Hydro-boost Gel Moisturizer.
- Wear SPF daily!! (Minimum SPF 30).