



Burkhart
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Dermatology

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Chemical Peel Aftercare Instructions

- **Avoid** direct sun exposure for 24 hours after your chemical peel.
- **Wear sunscreen daily** (SPF greater than 30)!
- Wash your face daily with **COLD** water and gentle cleanser of choice.
- **Moisturize daily!**
- Dry, flaky skin is normal and can occur for some individuals 1 week after treatment. Will usually resolve in 2-3 days.
- **Avoid** retinoids, exfoliating products, benzoyl peroxide products or lightening agents for **2 weeks!!!**
- Wait 24 hours before applying makeup.